



BUILDER

BULLETIN

A PUBLICATION OF THE APPRENTICE SCHOOL STUDENT ASSOCIATION

OCTOBER 2018 VOLUME 15 ISSUE 4

ON A MISSION TO GIVE BACK

By Jordan Plogger, M53



Pictured from left to right: Calesia Smith, X33C, LáRon Mitchell, X11, Jessica Lawson, X18, Turner Paxton, X36, Brittany Paxton, Devonte Arrington, X36, Taelor Janney, O43E, Ryker Bierhuizen, M53. Photo provided by Devonte Arrington

The Apprentice School Student Association has been organizing volunteering events with the Peninsula Rescue Mission for several years. After volunteering at the mission, apprentices have realized that their efforts are more than just a temporary fix for the less fortunate.

Since 1966, the Peninsula Rescue Mission has been helping out men in need in the Hampton Roads area. Every evening the doors are open for any male that may need a

little help. The shelter which is located in downtown Newport News has housed thousands of men since its opening. The mission provides the men with a hot meal, fresh linen, a shower and clean clothes every night. The goal at the rescue is not only to improve the night of those in need, it is to hopefully better the rest of their lives.

There are several different programs within the system to help set the men up with a better life. The

programs focus on encouraging and helping the men find jobs. For example, many of the men are employed at the rescue mission's thrift store. This not only earns them some income, but gives them work experience.

With these efforts, the mission has helped many improve their quality of life. Volunteers are always needed and those who would like to offer a helping hand are always welcome.

THE NTT-Y GRITTY

Arranged by Sarah Howell, X42

Interview excerpts from a current Nuclear Test Technician apprentice:

"[As an NTT] I can be in an office, a central work area in a building, a trailer, or on the boat. I currently work from an office. [At work] I usually choose [to wear] jeans or khakis with some form of a collared shirt. The intent is to not get too fancy because the "action" of the job takes place in production areas. You'll still be around grinding, welding, painting, and insulation.

A normal day involves a lot of studying procedures and systems. This often involves reading the material, asking questions, then going back and re-reading the test.

Once testing is completed, paperwork and logs are processed to keep track of progress. There ends up being a healthy balance of administrative work and deck plate testing.

Learning to be a test engineer requires an ability to think critically, be a strong communicator, and be detail-oriented.

In this job, you're working with the trades or the Navy to operate systems, so a lot of care is taken to control those actions by following procedures. You must be comfortable operating within those parameters and directing others to perform tasks.

The best aspect of my department is getting to work with different people. Each person has experience and knowledge that they share to be successful in a test.

I'm lucky to have a balance between being in an office and being on a boat or module, but there are times when I will have to stay at my desk to finish paperwork. Those are the hardest days for me, and I'll often find myself eager to jump at the next opportunity to go shipboard for a change of scenery."

NIGHT NATION RUN

By Jordan Plogger, M53



Photo by Raio Lively, X42

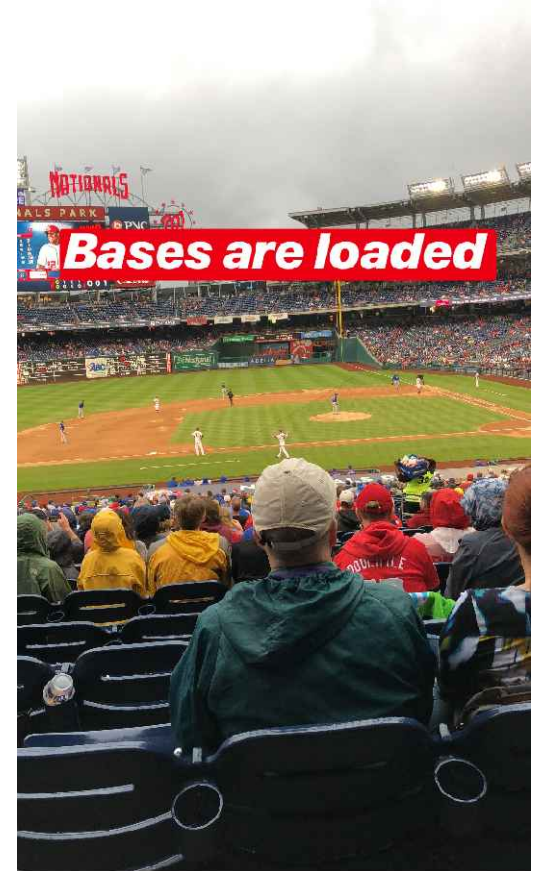
The Night Nation Run was held in downtown Norfolk at Town Point Park. Apprentices ran and handed out t-shirts at the 5K music festival. The main stage was set with a backdrop of the Elizabeth River. Runners socialized and danced to warm up for the race. Participants made their way to the start line to race through the

Norfolk waterside district.

Along the course, runners and walkers passed selfie stations, dance stations, and several concerts where they could stop at to rest or continue dancing. The 5K finished with a concert at the main stage where participants partied and danced the night away.

NATIONALS BASEBALL GAME

By Renee West, X33C



Apprentices enjoy the baseball game. Photo by Renee West, X33C

The morning of September 8th 2018, apprentices rode to Nationals Park in D.C. for a Washington Nationals versus Chicago Cubs game. Tickets were \$30 for two, but the game ended up being a surprise double header.

It was supposed to start at 3:00 p.m., but was delayed for two hours due to rain. Eventually the rain subsided and the game began. The Washington Nationals won the first game with a final score of 10-3. The second game lasted until around 2:00 a.m. the next day with a final score of 6-5.



NSLS INDUCTS NEW MEMBERS

By Matthew Gardner, X32

Thursday, August 23 marked an important date for the National Society of Leadership and Success. For the first time in its Apprentice School chapter history, an induction ceremony took place. Twelve members of the society took the initiative of achieving this milestone.

In order to become an inducted member, it is required to attend an orientation, a Leadership Training Day, and attend three Success Networking Team meetings.

Guest speakers of the induction included Chapter Leader Pat Krystyn and Apprentice School Director Dr. Latitia McCane.

After working diligently for more than a year, Mr. Krystyn has developed this chapter in order to help apprentices gain leadership skills.

Several other colleges around the nation are involved in The NSLS which was founded in 2001. The benefits of being inducted include having access to an online job bank, discounts from various retailers, and letters of recommendation for future job applications.

Any further questions about the society or interest in joining should be directed to Pat Krystyn via email or in person.

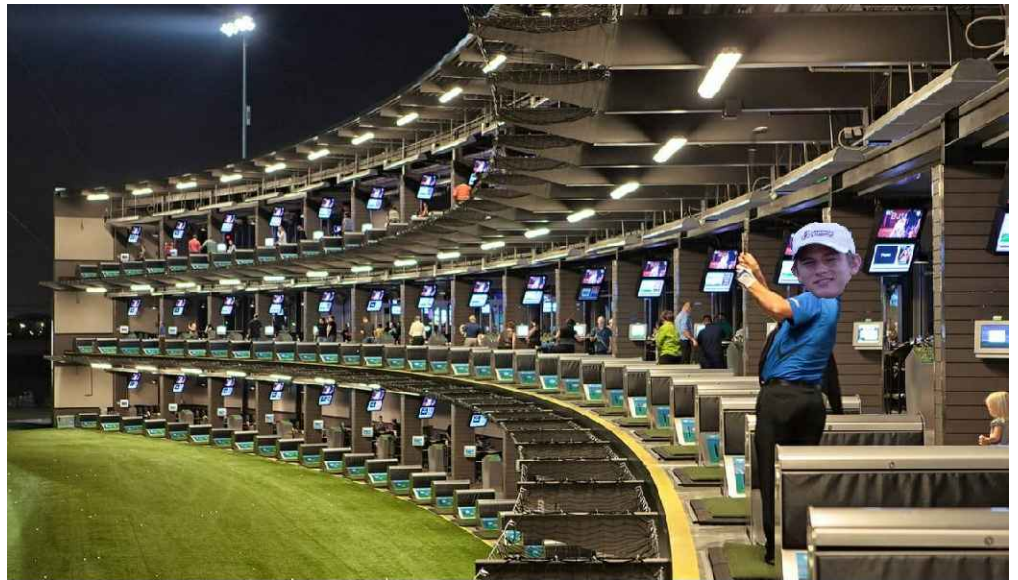


TOP GOLF, STARTED FROM THE BOTTOM

By Raio Lively, X42

The Publications Committee enjoyed a team building event at Top Golf on a beautiful Saturday morning. Most on the team had never held a golf club before, so that led to some interesting antics. However, Jordan Plogger from The Apprentice School's golf team showed us a thing or three. He showed us the proper stance, grip, and form to execute a golf swing. It was no surprise that Jordan scored the most points.

Team building events have been shown to improve morale and this was no exception. Thanks to the two hours spent engaging in a fun, competitive activity, we grew together and are now a more cohesive team than ever. This is one experience the committee will never forget!



Jordan Plogger demonstrates the proper golf swing. Original photo by TopGolf. Edited by Raio Lively.

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Thanks for reading! Message us at: publications@as.edu.

Made in AutoCAD

QUOTES

Head, **Heart**, Hand

Excerpts on apprenticeships from *Mastery* by Robert Greene:

"The goal of an apprenticeship is not money, a good position, a title, or a diploma, but rather the *transformation* of your mind and character - the first transformation on the way to mastery. You enter a career as an outsider. You are naïve and full of misconceptions about this new world. Your head is full of dreams and fantasies about the future. Your knowledge of the world is subjective, based on emotions, insecurities, and limited experience. Slowly, you will ground yourself in reality, in the objective world represented by the knowledge and skills that make people successful in it. You will learn how to work with others and handle criticism. In the process you will transform yourself from someone who is impatient and scattered into someone who is disciplined and focused, with a mind that can handle complexity. In the end, you will master yourself and all of your weaknesses.

"Your emotional commitment to what you are doing will be translated directly into your work. If you go at your work with half a heart, it will show in the lackluster results and in the laggard way in which you reach the end."

"When you practice and develop any skill you transform yourself in the process. You reveal to yourself new capabilities that were previously latent, that are exposed as you progress. You develop emotionally. Your sense of pleasure becomes redefined. What offers immediate pleasure comes to seem like a distraction, an empty entertainment to help pass the time. Real pleasure comes from overcoming challenges, feeling confidence in your abilities, gaining fluency in skills, and experiencing the power this brings. You develop patience. Boredom no longer signals the need for distraction, but rather the need for new challenges to conquer."

TOOLS OF THE TRADE

Q	W	R	E	N	C	H	S	H	D	R	I	L	L
S	P	I	N	S	N	O	I	T	A	I	V	A	T
L	G	L	O	V	E	S	L	E	V	E	L	A	O
G	L	S	N	S	E	V	E	E	L	S	L	E	R
N	M	I	C	R	O	M	E	T	E	R	G	E	C
I	E	A	L	L	G	R	I	N	D	E	R	D	H
W	R	L	H	F	A	C	E	S	H	I	E	L	D
A	S	K	C	O	L	L	E	N	N	A	H	C	H
R	O	A	N	E	T	A	H	D	R	A	H	C	L
D	T	R	E	R	A	U	Q	S	L	O	N	G	S
E	H	G	N	T	E	L	L	A	M	U	D	A	R
P	L	I	E	R	S	N	E	I	P	I	H	G	D
U	N	U	T	D	R	I	V	E	R	S	D	E	E
F	I	L	E	A	R	G	O	N	G	A	U	G	E

ARGON GAUGE
FACE SHIELD
NUT DRIVER
SLEEVES
LEVEL
PUNCH
MICROMETER
DRAWING
PLIERS
CHANNEL LOCKS
DRILL
SQUARE
AVIATION SNIPS
HARD HAT
GRINDER
MALLET
GLOVES
WRENCH
FILE
TORCH

Word search arranged by Sarah Howell, X42

Contest details: Three random contestants will be chosen. Each will receive up to \$50 of Apprentice School store credit. Must be current apprentice to participate. Submit completed form by November 30th to publications@as.edu or slip under Regina McLean's office door. Provide first and last name and phone number. **No photos in the shipyard.** Good luck!

UPCOMING EVENTS

Top Golf Event

November 3rd Saturday
5:00 pm - 8:00 pm
Top Golf, Virginia Beach, VA

Holiday Dinner Dance

December 8th Saturday
Marriott Waterside, Norfolk, VA
More details to come

Annual Veterans Day Golf Classic

November 11th Sunday
\$60 per Golfer
7:30 am check-in
9:00 am Start

apprenticestudents.com

Breakfast with Santa

December 8th Saturday 10:00 am
Crowne Plaza, Hampton, VA

1 ticket - \$3.00
2 or more tickets - \$2.00 per ticket

