



BUILDER

BULLETIN

A MONTHLY PUBLICATION OF THE APPRENTICE SCHOOL STUDENT ASSOCIATION

May 2009

Let's Get GREEN

Carlton Ballard, X11

We should each strive to do our part to save our planet. Earth Day is celebrated every year on April 22. It's a day that people recognize that we need a change to live on a better and healthier planet. Why not make Earth Day everyday? By doing the "Lets Get Green" project you can do your part to help change the planet for the better. By reducing our energy consumption at home and at work, by building green buildings that are more energy efficient and by driving more fuel-efficient vehicles, we can begin to make a difference. Try enjoying natural sunlight instead of overhead lights. Remember to



flip off the light switch when leaving a room. You can also switch your appliances to those with the Energy Star label, which sip electricity instead of guzzle it. Turn the water off when brushing your teeth and fix that leaky pipe. A small leak from a faucet can waste 50 gallons of water a day and a leaky toilet can waste 200 gallons a day (planetgreen.com). Carpooling can cut back on greenhouse gas emissions and air pollution. Doing a regular check on your vehicle for clean oil and properly inflated tires can also help the environment. Doing all of these tips can help you save the planet and your money. For more ways and tips on getting green go to planetgreen.com. Are you ready to get green?

Building Self Esteem

Carlton Ballard, X11

In a tough environment, how do you stay calm, composed and maintain your self esteem? Imagine yourself as a Dart Board. Everything and everyone else around you may become Dart Pins, at one point or another. These dart pins will destroy your esteem and pull you down in ways that you won't even remember or notice. Beware of attracting yourself to other people behaviors. People who pose bad vibes will sometimes affect your self esteem. Changes can make life difficult for awhile. Change may cause stress, but it will help you find ways to improve yourself. If you start to become responsible for whom you are and what you do, building self esteem will eventually lead to self improvement. It's like a flame that should gradually spread like a brush fire from inside and out. When you develop self esteem you take control of your mission, values and discipline. Self esteem brings about self improvement, true assessment, and determination. So how do you start putting up the building blocks of self esteem?



Full Time Academics with Billy Norton and Pee Wee Hall

Cynthia Newton Smith, X18

Since January of this year, The Apprentice School has undergone a huge change. For the first time, a number of students have moved off of the water front to the classroom for the entire forty hour week. Two Classroom monitors who have been part of this are Apprentice graduates, Billy Norton, X43 and Phil "Pee Wee" Hall, X42. I decided to interview them to find out what they thought of the new change.

How do you feel the full academic schedule is doing?

Billy: I think it is going pretty good. It's a good thing to do for the company to keep from laying people off. I think that everything's got growing pains and we'll work those out together. For me, personally, it gives me more of my time to devote my time to the Apprentice School. That's what I like about it. I was a craft instructor on new carriers where I devoted 90% of my time.

Pee Wee: Better than predicted. There's still room for improving and we continue to improve everyday. It gives today's students the opportunity to really excel in academics with the utilization of the study halls. Also, with implementation of the LEAN program for all 2nd semester students, this will bring a higher awareness of the shipyard's Process Improvement.

How would you improve it?

Billy: One day of study hall and one day of a group project like ship design. I think it works the way it is as a whole. I think it works.

Pee Wee: I think it's like high school with all the classes and brings camaraderie within the classes. I think it's working well.

They both had great things to say about their own mentors in the past that have helped build them to the Shipbuilders they are today. People like Frank Satchel and Kenny Pope are two of their favorites. What they learned from them will be another article in itself.



Photo by Chris Oxley

Golf Tournament

Carlton Ballard, X11

The Apprentice School golf team chopped 12 strokes off its Monday total in Tuesday's final round of the Glenn Heath Memorial Shipbuilders Tournament and finished in seventh place at Fords Colony's Marsh Hawk Course. Lynchburg College won the event with an impressive 303 total on Tuesday over a very blustery 6,650-yard course for a two-day score of 616. First-round leader Randolph-Macon gained eight strokes on Tuesday for a 315 round and a 622 total. Pitt Community College and Roanoke College tied for third with two-day total of 640 apiece. Apprentice School shot a 356 on Tuesday for a tournament total of 724. Sophomore Daniel Campbell was the low man for the Builders with a two-day total of 170 to finish in a tie for 27th. Freshman Kyle Radcliff was next with the low round of the day for the Builders with an 86 to finish 30th with a 178. (All information came off of the Builder's website)

Craftsmanship, Scholarship, Leadership, and Fellowship

Emily Spitzer

When I was preparing power panels to be inspected on CVN 77, I came across a few that needed to be fixed with rivets. I had never used rivets before and I did not know where to get them or how to apply them to the panel. So I asked a few people I knew on the carrier if they could help me. One of the people I asked knew someone who had a mate who had a rivet gun and some extra rivets. He helped me fix the panels before inspection. This scenario is one of many I had on the boat when my network of relationships helped me to complete a goal or to better understand my job. It is important as an apprentice to build good relationships with the people you come in contact with. I have not met anyone in my life that did not have a good quality. Building relationships with people, no matter how deep,

Relationships teach you things about yourself and create a network of people that you can fall back on when you need help."

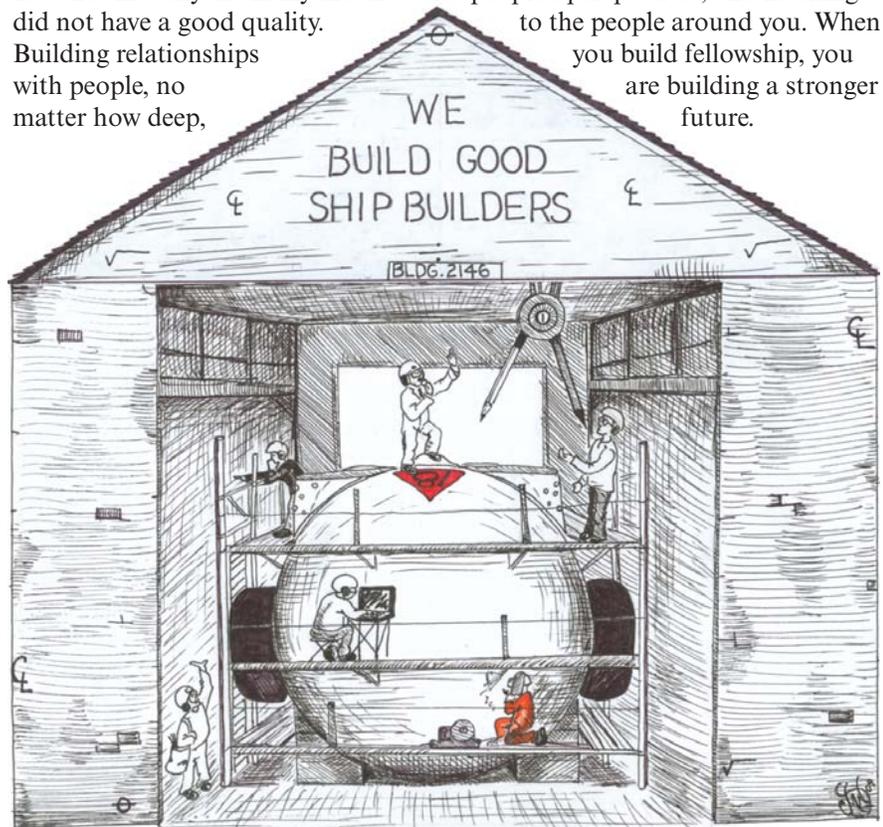
is important. Relationships teach you things about yourself and create a network of people that you can fall back on when you need help. The Apprentice School motto is "We build three types of "ships": Craftsmanship, Scholarship, and Leadership. Fellowship falls under all three ships. As apprentices, we gain fellowship through working together on the job (Craftsmanship), working together in the classroom (Scholarship), and working toward

a balanced social structure that includes cooperation (Leadership). Without Fellowship, life and work would be more difficult for all of us. Good relationship skills are an important part of everyday life. Build your skills by being humble, looking at situations from other people's perspectives, and listening to the people around you. When you build fellowship, you are building a stronger future.

WASHINGTON WIZARDS
VS MIAMI HEAT
 BASKETBALL GAME

by Paul Norton

Apprentices and guests took an awesome trip to Washington to see the Washington Wizards and the Miami Heat in a high scoring basketball game, Wizards 108-Miami Heat 112. The Apprentice School Student Association chartered a luxury bus for the ride and watched movies on the way up there. They left at 12:00 in the afternoon, and returned at 1:00 in the morning. The Apprentice basketball fans arrived in time to grab a quick bite to eat at Ruby Tuesdays. After eating, the Apprentice basketball spectators headed over to the Verizon Center to watch the game. Kim Jordan, the point of contact, said the trip went without a hitch and everyone had a great time. All apprentices are encouraged to come to these events, please get with an Apprentice School delegate to find out what is going on and how to get involved.



drawing by Cynthia Smith, X18

Commitment: What's Your Level?

Frances Maston, X15

Recently, NGSB-NN posted billboards around the yard featuring several employees and their stance on the 2009 commitments put forth by Sector President Mike Petters. Not only do they serve as a reminder of what we are committed to as a company, they also serve to remind us of what commitment means.

Simply stated, a commitment is an obligation to fulfill an obligation or complete a task. Any job is a commitment: in taking a job, you obligate yourself to the completion of your duties in exchange for your paycheck. But commitment can, and should, run deeper than that. Personal commitment is a voluntary dedication to a cause, task, or group. It creates ownership and pride in addition to the output product of the task.

As Apprentices, we take on several commitments. First, we are committed to our company and its success. We are an investment in the future of the management of this company: as such we acknowledge that we are willing to do more than come in for our shift and perform the tasks set to us. In taking the step to further ourselves, we also pledge to further the quality of products that our company produces, and the company as a whole.

We also commit to each other: the years spent in the Apprentice School serve to not only instruct us, but also to assist us in building our teams for the future. In any classroom, you can find a wide variety of trades represented: these are the people we will be working with in the years to come. The bonds formed now will serve to bridge the gaps that can occur when projects run across several trades. For this reason, each of us is committed to help each other, and the student body as a whole. There may be a certain level of healthy competition, but at the end of the day the leadership skills within each of us dictate that we should ensure that the foundation of all of our team members is well laid.

Finally, we make a commitment to ourselves as individuals, specifically to our improvement. The company is investing in our development as we must do for ourselves. It is our obligation to take any opportunity, use every resource, and search for any option that can make us better, as shipbuilders and individuals. This can cover a range of activity, from learning more about the job at hand, taking extra classes to further your degree, or taking on a project or team lead to develop yourself as a leader.

Sound like a tall order? It is, but we are up to the task. Most of us do these things everyday without thought or encouragement; however, I would like to charge you with this final task: take a step back and think about your commitments and what they mean to you. Why did you take them on? And finally, take a look at how you perform these tasks and answer this: what is YOUR level of commitment?



Photo by Chris Oxley

BASEBALL STATS

DATE	OPPONENT	RESULT
March 23	Fulton-Motgomery (Game 2)	W, 5-3
March 24	Fulton-Motgomery	W, 18-1
March 28	St. Vincent	W, 3-1
	St. Vincent (Game 2)	W, 6-1
March 29	St. Vincent	W, 12-10
April 1	Danville CC (Game 1)	L, 15-4
April 4	at Briarcliffe (N.Y.)	W, 10-0
April 5	at Briarcliffe (N.Y.)	W, 18-4
April 9	Va. Wesleyan	L, 10-4

Overall Record: 21-10

Conference Record: 3-0

Stats compiled by Carlton Ballard, X11

Editor's Note:

I am extending my apologies to Mr. Mike Petters, President of Northrop Grumman Shipbuilding, for the misspelling of his last name in the Special Edition 2008 Graduation. This oversight prior to press time is of my deepest regrets. The digital version of the Builder Bulletin has been corrected.

BUILDER BULLETIN STAFF

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DESIGN

Susan Sumner, 029

GOLF TOURNAMENT

JUNE 20, 2009 1:00 P.M.
CYPRESS CREEK GOLF COURSE

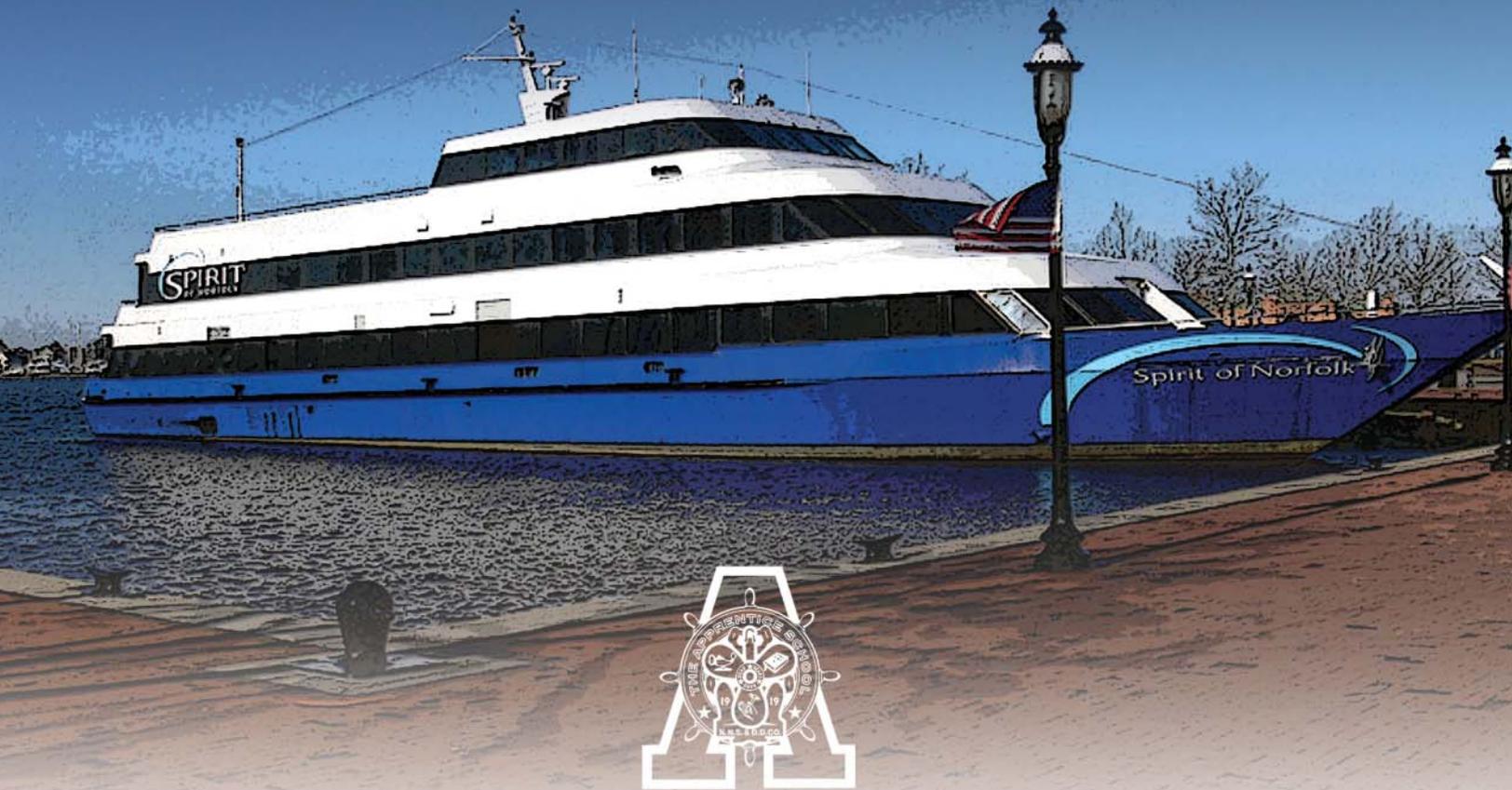
TICKET PRICE: \$60 PER PLAYER
TICKETS GO ON SALE MARCH 16, 2009
***NO REFUNDS UNLESS EVENT IS CANCELLED**

**LONGEST DRIVE, CLOSEST TO THE HOLE, 4-MAN BEST BALL
TOURNAMENT, SHOTGUN START, RAFFLES & MORE**
REGISTRATION STARTS AT 12:00 NOON

FOR MORE INFORMATION CONTACT
BILLY CALLIS AT (757) 339-1336 or Bseba15@hotmail.com



The Spirit of Norfolk



Apprentice School Student Association **Cruise aboard the Spirit of Norfolk**

Cruise Date is August 29, 2009 - pick up tickets at 6:00 pm - starts at 7:00 pm

Tickets

April 13 to July 13 \$50 each / \$90 for 2
July 14 to August 21 \$60 each / \$100 for 2

Rooms available at

Sheraton for \$96 call 1-888-677-8042
Courtyard Marriott for \$106 call 1-888-839-0610

Contact Billy Callis at 757 339-1336 for more information

No Refunds unless event is cancelled

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M A Y						1 Executive Council Meeting 11am	2
	3	4	5	6	7	8 Executive Council Meeting 9:30am Delegate's Meeting 11am	9
	10	11	12	13	14	15 Executive Council Meeting 11am	16
	17	18	19	20	21	22 Executive Council Meeting 11am	23 Casino Night CANCELLED
	24	25	26	27	28 SNAME membership meeting 4:30-6:00. Contact Gary or Adam for location and more info.	29 Executive Council Meeting 11am	30
	31						

For any comments and/or suggestions please contact Darlene "Dar" Deerfield – darlene.c.deerfield@ngc.com

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4101 WASHINGTON AVENUE
NEWPORT NEWS, VA 23607

Casino Night has been cancelled. Please contact your delegate to be kept posted of the event that will take its place.

